

## **Babergh Disability Sport and Leisure Forum**

**16<sup>th</sup> March 2009**

Present – Louise Pennell, Stephanie Lloyd, Shirley Moore, Ian Plowman, Warner Duff, Marleen Batchelor and Tom

- School's Programme

Babergh have linked with Hillside and sessions are due to start on 27<sup>th</sup> April with the community sports coach Simon. We are hoping to have Belstead and Thomas Wolsey on board very soon as well but are unsure if Beacon Hill will start at this time or not. The plan will be to run the same sport in each school leading to a festival at the end of each term. This first term will be much more about building relationships with the schools and the programme should be much more formal from September onwards. ITFC expressed that they may be able to assist in delivery with football and would be keen to know the proposed sporting programme once known so that they can link their delivery around this as well.

**Action: Steph to keep the forum updated in the future of the schools programme along with the programme of events as they become known**

- Events

08/04/09 – Tag Rugby – 10-3 @ Sudbury Upper School Playing Fields - Free  
09/04/09 – Multisports – 10-4 @ East Bergholt Sports Centre – Free  
15/04/09 – Multisport and Circus Skills – 10-3.30 @ Great Cornard Sports Centre - £3

These events are taking place under the BeActive banner and will be open to anyone with a disability.

**Action: Louise to provide posters once approved by Babergh's PR manager**

- New Sessions

The recent tag rugby course was cancelled by the school as there had been rain the school required the pitch for their normal delivery. There are plans to rearrange this as soon as possible. Babergh will be running a tag rugby session in Easter and hoping to run a regular session following this but haven't found it easy to get into the Sudbury Rugby Club to arrange this.

At East Bergholt a weekly multisport session will begin after Easter on Tuesday evenings 5-7pm and a taster will take place in easter to enable promotion of this.

**Action: Louise will send out flyers once these are available.**

- Great Cornard Climbing Wall

BeActive have supported the development of this facility with a donation of £1,000 which once combined with other funds has enabled additional equipment to be purchased as well as training a coach to fully support groups using this facility. Steph is currently running courses for some anti social behaviour referrals and as yet there has been no disability sessions held. Louise will be looking to arrange for a disability course to run over the summer holidays.

**Action: Louise to provide details of disability sessions once arranged**

- ITFC

After Andy Coles left the Ability Counts programme Warner covered as much work as he was able to but Marleen has now been brought in to focus on this project which is currently 2 years into a 4 year programme. Tom has been brought in to cover delivery aspect of the project. The project deals with physical, sensory and learning disabilities as well as mental health and they aim to link with charter clubs that are required to run inclusive sessions.

Shirley and the befriending team have been running incredible successful sessions of football in the Lowestoft area which is now struggling to cope with the numbers they are receiving.

Football sessions will be run in the Babergh area in the future although as Will Hunt and the Cornard Dynamos are already successful within Babergh we would aim to run sessions in different areas and BeActive would be keen to run the Turn up and Play sessions for disabled people across the district culminating in a football festival at the end of the summer.

28/03/09 – coaching disabled performers to be held at ITFC, all day event

19/03/09 – Blind and visual impaired session at St Josephs College 8 – 16 year olds £2 per session

**Action: Further meetings to plan will be arranged to deliver football sessions throughout Babergh between BeActive, ITFC and Befriending Society. Promote the above events where possible.**

- HIP

Ian has taken over from Gemma and the project is going well with approximately 18 people within the Babergh area currently on the programme. Bury started the programme a couple of months earlier than Babergh and are beginning to get people finish the 24 week course now and so within the next couple of months we should see some of the successes that this project has brought. There has been a real shortage of volunteers within the Babergh area and Ian is currently looking at local D of E schemes to source more for the rest of the project.

**Action: all to promote the HIP scheme where possible. Ian will look to attend the Easter activities and anyone with volunteers that would be interested in being buddy's to forward details to Ian at Optua.**

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- ASS / CSN

The Active South Suffolk CSN has found it difficult to engage with local clubs within the Babergh area and as a result have had to cancel the last two club meetings. We need everyone to promote the CSN whenever they speak to clubs to raise awareness and encourage clubs to come to the CSN. Babergh are considering going to meet in smaller groups and in specific areas which will be time consuming.

**Action: Everyone to promote the CSN where possible**

- VI Multi Sport

This multi sport session runs on the first Saturday of each month from 4.30 – 6.30pm at Bury St Edmunds Leisure Centre and cost £3 but is open to friends and family as well. This session is run by Steve Snelling of BBS.

- Special Olympics Suffolk

Optua and the SDSA have registered as Special Olympics Suffolk and will be looking at developing this across Suffolk. Louise will be leading on this on behalf of Optua and will be looking to engage with partners to help deliver on this new area. This will be placed on the agenda for the forthcoming meetings and hopefully people will be then have considered how we might approach this.

- Optua and SDSA

31/03/09 – Day trip to Twickenham Stadium

09/05/09 – Woodbridge Showcase Day

25/06/09 – RHS Optua Games

26/09/09 – Stowmarket Showcase Day

Next Meeting East Bergholt Sports Centre 22/06/09 @ 10.30am

If you are aware of anyone that should be attending these meetings please pass details onto them as we need to increase attendance at these meetings.