



Enjoy the great outdoors in South Suffolk this summer – we have a range of ideas and events for you to enjoy. There are some fabulous open gardens schemes in the district, where communities generously open their beautiful gardens to the public. This is the perfect opportunity to get some inspiration and the variety of gardens is wonderful, from small to massive - and everything in between. All the schemes listed here offer refreshments at various locations, to sustain your energy levels as you stroll around. Other suggestions for a great day outdoors include our South Suffolk Cycle Route, which is signposted and takes you all over South Suffolk. You can either do a long stretch or a smaller, circular route to suit your cycling abilities! Leaflets are available from our tourist information centres. If you want to enjoy a bit of water, then why not visit Alton Water? You can try your hand at windsurfing, sailing or hire a bike to cycle around the reservoir. Don't forget to pack a picnic! More details: www.altonwater.co.uk

POP INTO YOUR LOCAL TIC

Tourist information centres in South Suffolk are now open for the season and brimming with leaflets on attractions, theatres, art galleries and events. The TIC's also have information on surrounding counties, as well as attractions in Suffolk. Pop in to see them and while you are there, have a look at the lovely new goodies that they have in stock - local produce including jams, chutneys, honey and a beautiful range of crafts, some made locally and all handmade in the UK.

OUTSIDE IS JUST A CLICK AWAY!

The South and Heart of Suffolk tourism partnership has a new tourism website! Have a look and let us know what you think: www.southandheartofsuffolk.org.uk

You can pick up a comprehensive list of events from our tourist information centres, or from our website, but here are a few to whet your appetite for the great outdoors.

JUNE

- 14th Hadleigh Open Gardens. 11-5 T 01473 823413
- 14th French Market, Lavenham T 01787 248207
- 21st Lavenham Hidden Gardens. 2-6 T 01787 248207
- 21 & Great Annual Re-Creation of Tudor Life at Kentwell Hall. 11-5
- 27/28th Adults £16.05, child £11.55 and Concessions £14.45. T 01787 310207 www.kentwell.co.uk
- 28th Chelsworth Open Gardens. 2-6. www.chelsworth.co.uk T 01449 741131

JULY

- 3rd Railway Walk (4 miles). Ends with a short introduction to Melford Hall and afternoon tea. Refreshments and admission to the hall included. Adults £15 and children £6.50 T 01787 376395
- 4/5 Great Annual Re-Creation of Tudor Life at Kentwell Hall, Long Melford 11-5. Adults £16.05, child £11.55 and concessions £14.45 - T 01787 310207 www.kentwell.co.uk
- 10/11 Great Annual Re-Creation of Tudor Life at Kentwell Hall Long Melford 11-5 Adults £16.05, child £11. T 01787 310207 www.kentwell.co.uk
- 11th Hadleigh flypast to celebrate the town's Bond of Friendship with Wattisham Airbase.

10.30am Hadleigh Market Place. T 01473 823884

- 31st Open-air concert. 1940's Night - Kentwell Hall, Long Melford - T 01787 310207 www.kentwell.co.uk

AUGUST

- 2nd Open air concert. Gilbert & Sullivan - Kentwell Hall, Long Melford T 01787 310207 - www.kentwell.co.uk
- 8th Lavenham Church Tower Open. T 01787 248207
- 21st Teddy Bears' Picnic at Melford Hall. Long Melford. Normal admission. Events activities £2.50 per child. T 01787 379228 www.nationaltrust.org.uk/melfordhall
- 31st Lavenham Carnival T 01787 248207

SEPTEMBER

- 4/6th Festinho 2009 Festival, Kentwell Hall, Long Melford www.festinho.com. Brazilian and UK music - in aid of Brazilian street kids
- 19th Melford Autumn Show. Melford Hall, Long Melford. Normal admission. T.01787 379228 - www.nationaltrust.org.uk/melfordhall

Guided walks around Lavenham every Saturday 2.30pm & Sunday 11.00am until end October

Contact numbers:

Sudbury TIC, Town Hall, Sudbury, 01787 881320
Lavenham TIC, Lady Street, Lavenham, 01787 248207
Flatford TIC, Flatford Lane, Flatford, East Bergholt, 01206 299460