



Suffolk Boxing



EXCITEMENT

CHALLENGE


FUN

CONFIDENCE

FITNESS

POWER

**Try boxing
Feel the buzz**

**catch
22**
helping young
people out 

Contact: www.abae.co.uk/eastern

HADLEIGH AMATEUR BOXING SESSIONS

(Associate of Sudbury Amateur Boxing Club)

Sessions start again Tuesday 13th September at 6-7pm

Hadleigh High Leisure Centre

Ages 11 - Adult - New / experienced boxers

Junior and membership rates available, enquire at Club for
more details: Stephanie Lloyd, Babergh District Council

Be Active Project on 01473 825834