

Babergh Disability Sport & Leisure Forum

Minutes; 14th September 2007

Babergh District Council, Hadleigh

Attendees	David Finn Leisure Manager, Optua Jan Aires Class Teacher, Hillside Special School Gemma Hockley Health Improvement Programme Co-ordinator, Optua Roy O Shaughnessy Volunteer Richard Anderson Inclusion Officer, Out and About Chris Marsh Hadleigh High and East Bergholt Sportcentre Steve Allman CEO, Out and About Claire Prescott SW Suffolk School Sports Partnership Shirley Moore Suffolk Befriending Scheme
Apologies	Stephanie Lloyd B Active, Babergh DC Chris Rix Bury Bombers Marion Cornard Sudbury CRU Ruth Stapleford Windmill Support Group

Matters arising	Action
Claire Prescott email address is: claireprescott81@hotmail.com The minutes from the last meeting were agreed as a true record	SL to update contact s list

1	Guest Speakers	Action
1	Steve Allman CEO Out and About- Steve Allman, Chief Executive Office, Out and About Out and About are a Charity providing support to disabled children in mainstream leisure activity, this includes arts, drama and volunteering. Support is currently given for example in mainstream football clubs, swimming lessons, cubs, brownies and youth clubs as well as activities as varied as Pokernon clubs and bell ringing Currently they provide over 14,000 hrs of support each year, this is	None

<p>done with the help of over 100 volunteers. Referrals to the service come from Social Care, Health and Activity Providers. Out and About support the disabled child, the parent and/or family as well as the leisure provider</p> <p>They are in the process of a re-structure in Babergh. They have 2 new co-ordinators for the West Suffolk area and are looking for opportunities to work with partners such as schools etc. They are also looking for volunteers.</p> <p>The age range covered is 5 to 19, all disabilities using the DDA criteria. They work with over 300 children at present.</p> <p>Volunteers often progress into the club they have been supporting the child at full time. They recently got support from the Premier League “ Creating Chances” programme</p> <p>Gemma Hockley, Health Improvement Co-ordinator, Optua</p> <p>New project in the area called the Heath Improvement Programme which started in July this year. The project encourages more disabled people to use a gym and become more active. It was part of a larger funding application to The West Suffolk Local Strategic Partnership and this scheme is covering Babergh, Bury and Forest Heath with each local authority being a partner</p> <p>The target is to get 108 people on the project over the 3 areas and work towards getting them to do 3 x 30 mins of exercise a week. Each participant it is hoped will have gym buddy who will be recruited from the current gym membership in each area</p> <p>Another target is to have 54 new gym members across the area’s and to reduce obesity measurements in 81 people. The last target is to increase the amount of people volunteering by 12 people in each district</p> <p>Referrals can be by anyone including self referral. The project is for adults age 18+</p> <p>There is a steering group made up of someone from each district plus Optua, the group have met several times and are just ironing out some remaining issues</p> <p>In Babergh the gym’s being used are The Kingfisher and Gt Cornard Sportcentre</p>	
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	<p>7 people have been identified in this area so far and it is hoped they will start soon</p> <p>Please refer anyone you feel would benefit (with their permission of course) to Gemma on 01473 836770</p> <p>Chris Marsh, Hadleigh/East Bergholt Sports Centre's -</p> <p>When Kevin Curtis was working as the co-ordinator role at the IFI gym it was hard to weight people who were wheelchair users, the only scales available were at Ipswich Hospital. East Bergholt now has weighing scales that can be used by wheelchair users. The Centre is looking to have a launch and publicity. Please pass on to any wheelchair users that may be interested. In addition, the Centre have to report back to Sport England and the English Federation of Disability Sport accurate figures of the amount of disabled people using the gym, this is currently 9%</p>	
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2	Panther Challenge	Action
1	Information distributed	

3	Babergh District Council Be Active Update	Action
1	Special Schools sports programme planned out for rest of 2007/08 – schools involved, Hillside (Sudbury) Belstead (Pinewood) and Beacon Hill (Ipswich/Babergh border) All schools have one hour a week coaching with community coach Glen Parker culminating with a festival against each other at the end.	
2	Baberghs Be Active adult and child disability sessions in summer holidays not very well attended from children side – had arranged these sessions following on from discussions with SCC/Out and About/No Limits that Hillside special school would be without their	

	<p>playscheme this year and that some provision needed to be made – turned out that Hillside did have playscheme – could have used our community coach to help Hillside? Need to co ordinate better for next summer holiday so no resources wasted and provision not duplicated. NB – Adult sessions well supported from Sudbury Resource Centre</p>	
3.	Advert gone to No Limits (disability mag) for next edition to advertise Babergh athletics club to try and attract new disabled members	
4.	East Bergholt Community Badminton Club – New Coach now in place, working on funding bid	
5.	Next year community badminton club set for Gt Cornard	

4	Project for Forum	Action
1	Climbing wall (no one at the meeting could remember what this was about) carry over to next meeting	SL
2	NOT IN MEETING - Sudbury Gymnastics Centre – Steph has been putting bid together for disabled adults and youngsters across Babergh to be able to use the gymnastics centre in Sudbury with specialist coaching free of charge for as long as project will fund which will be a year – Bid includes sustainability options also – Steph to carry forward to next meeting	SL

5	Funding Surgeries	Action
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1	2 handouts given out	
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6	Project for Forum Idea's	Action
1	A discussion took place about a project for the group. People would bring idea's back to the next meeting. It was suggested that we could apply to improve the flooring as it was not suitable or safe at the moment (but I did not record where?)	All

7	Idea's for guest Speaker	Action
1	Babergh Communities Together was agreed to invite	Steph

8	Future Meeting Dates	Action
1	<p>December 14th 2007</p> <p>Friday March 14th</p> <p>Friday 6th June.</p> <p>Venues to be confirmed at next meeting</p>	Steph

Date of next meeting – Friday 14th December 2007 10.00 Great Cornard Sports Centre

All agenda items/anything you'd like to discuss to Stephanie.Lloyd@babergh.gov.uk or 01473 825834