Dump the Diet ... Join the Fun

With our fantastic

Latin Solo Courses

• Have Fun • Learn to Dance • Drop a Dress Size

You don't need a partner, all ages welcome
Get fit without the gym and dance the weight away!

New Courses starting January 2011

How Much? £33 for a 6 week course

Numbers are limited contact Janet to book your place

mob: 07506 350 455 or email janet.drake@slimdance.co.uk

Where	When	Time
East Bergholt: Constable Memorial Hall	Mondays	11am
Brantham: Village Hall	Tuesdays	11am
Hadleigh: St Mary's Primary School	Wednesdays	7 pm
Hadleigh: St Mary's Primary School	Wednesdays	8 pm
Capel St Mary: St Mary's Church Hall	Thursdays	11am
Capel St Mary: Primary School	Thursdays	8 pm
Stratford St Mary: The Institute	Fridays	11am

For more info www.slimdance.co.uk/babergh

A SlimDance business operated under franchise and independently owned by Janet Drake