

Leading **Lives**

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LUNCHEON CLUB MENU



Stowmarket Community Hub

Tel: 01449 745970

COME AND LOOK AT OUR 8-WEEK
ROLLING MENU OF ALL
FRESHLY HOME COOKED
2 COURSE MEALS OR AN ALTERNATIVE
FROM OUR MENU BOARD – THIS MUST BE
PRE-ORDERED

WEEK 1

(4th May, 29th June, 24th August, 19th October)

MAIN COURSE

Roast pork or broccoli and stilton quiche
with; roast potatoes, Yorkshire puddings, carrots, peas and broccoli

DESSERT

Lemon meringue pie or bread and butter pudding
served with; custard or cream or ice-cream

WEEK 2

(11th May, 6th July, 31st August, 26th October)

MAIN COURSE

Savoury mince or fisherman's pie
with; mashed potato, peas, cauliflower and green beans

DESSERT

Treacle sponge pudding or trifle
served with; custard or cream or ice-cream

WEEK 3

(18th May, 13th July, 7th September, 2nd November)

MAIN COURSE

Chicken casserole or cauliflower cheese
with; mashed potato, green beans and carrots

DESSERT

Spotted dick or banoffee pie
served with; custard or cream or ice-cream

WEEK 4

(25th May, 20th July, 14th September, 9th November)

MAIN COURSE

Lasagne or cheese and tomato quiche with side salad
with; new potatoes, peas and sweetcorn

DESSERT

Pear sponge or meringue pavlova
served with; custard or cream or ice-cream

WEEK 5

(1st June, 27th July, 21st September, 16th November)

MAIN COURSE

Beef stew and dumplings or cheese and potato pie
with; mashed potato, carrots, swede and peas

DESSERT

Bakewell tart or Nutella cheesecake
served with; custard or cream or ice-cream

WEEK 6

(8th June, 3rd August, 25th September, 23rd November)

MAIN COURSE

Chicken and vegetable pie or tuna pasta bake
with; new potatoes or mashed potato, green beans and sweetcorn

DESSERT

Chocolate sponge or fruit flan
served with; custard or cream or ice-cream

WEEK 7

(15th June, 10th August, 5th October, 30th November)

MAIN COURSE

Cottage pie or cheese and onion quiche
with; new potatoes, peas, carrots and broccoli or a side salad

DESSERT

Apple crumble or fruit flan
served with; custard or cream or ice-cream

WEEK 8

(22nd June, 17th August, 12th October)

MAIN COURSE

Liver, onions and bacon or macaroni cheese
with; mashed potato, cauliflower, carrots and peas

DESSERT

Sticky toffee pudding or strawberry cheesecake
served with; custard or cream or ice-cream

Menu options may vary due to
seasons