In the town of Sudbury, five minutes' walk from town centre

Various shops including food stores, newsagents, clothing, charity, household, gifts, bakers, hairdressers/barbers and jewellers plus others. Banks and building societies; a number of public houses; many providing food; a selection of cafes and takeaways. Thursday and Saturdays are market days.

29 flats in all including one guest room

In the communal building there is a laundry, residents lounge and small kitchen with refreshment making facilities available.

A guest room is available with two single beds, for friends and family to stay when visiting.

There is a Sheltered Housing Officer (SHO) who is available to call on you during working hours.

Whenever the SHO is off duty or unavailable, the alarm system is switched to the community alarm call centre, where an operator will talk to you if you need assistance.

A Sheltered Housing Officer is responsible for enabling tenants to live independently, making a daily visit or call to check the welfare of tenants, the health and safety of the buildings, weekly/monthly checks and various other tasks.